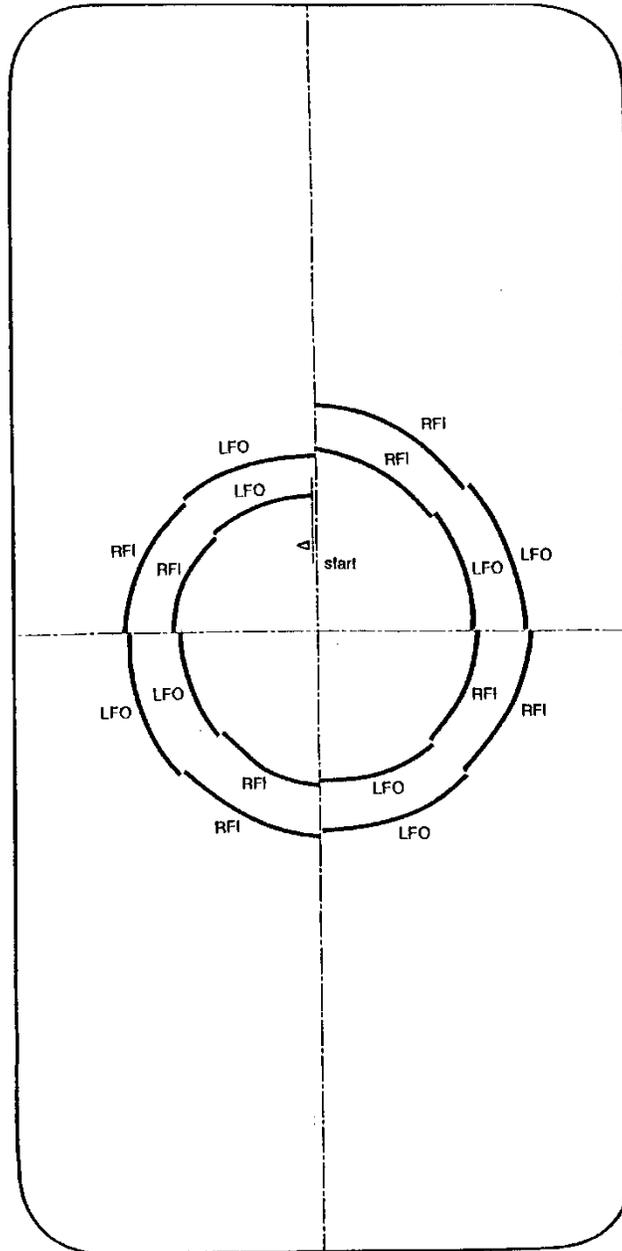


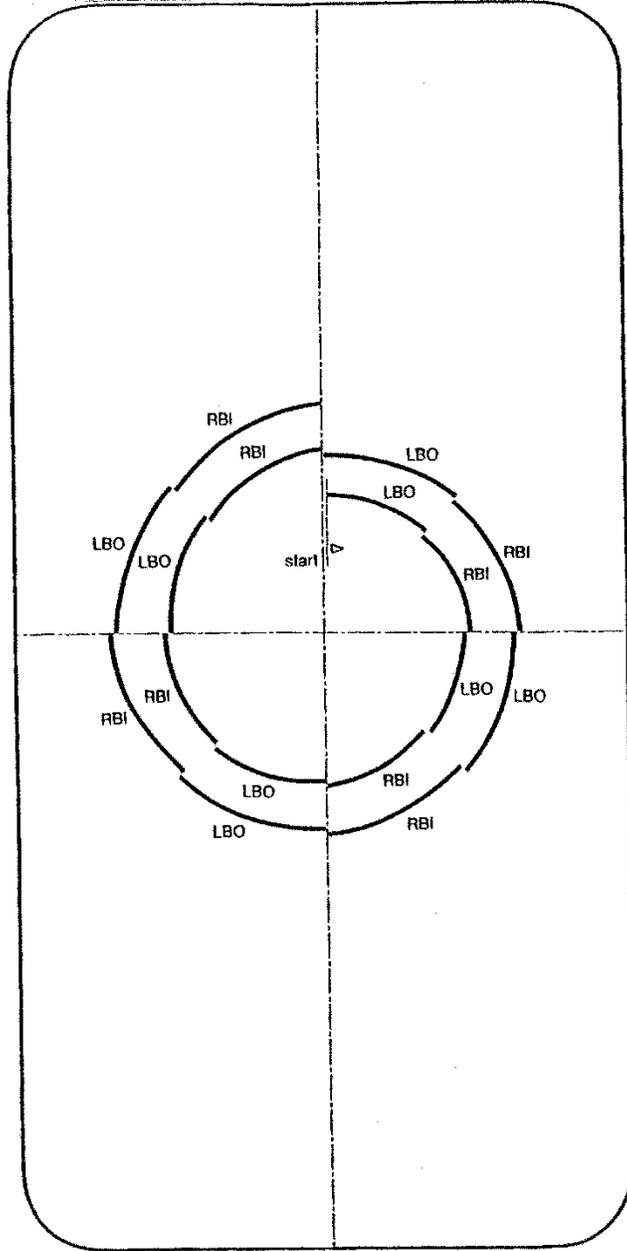
**JUNIOR SILVER FREE SKATING TEST
FORWARD CIRCLE STROKING
DIRECTION: COUNTERCLOCKWISE**



NOTE:

The exact number of steps in the stroking patterns will depend on the size of the rink and strength of the skater.

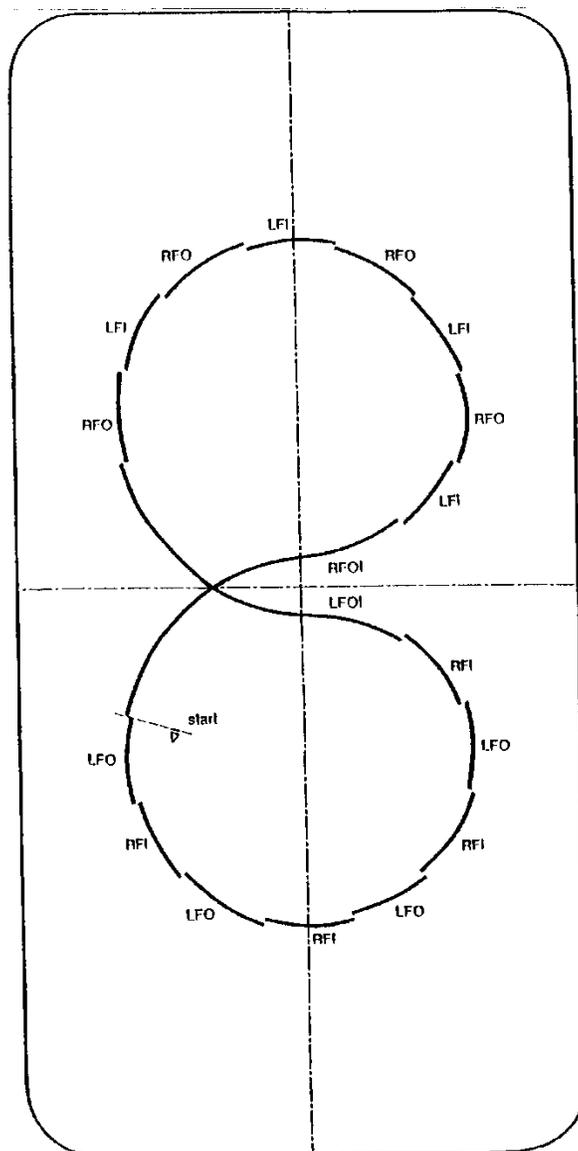
**JUNIOR SILVER FREE SKATING TEST
BACKWARD CIRCLE STROKING
DIRECTION: CLOCKWISE**



NOTE:

The exact number of steps in the stroking patterns will depend on the size of the rink and strength of the skater.

JUNIOR SILVER FREE SKATING TEST FORWARD FIGURE EIGHT STROKING

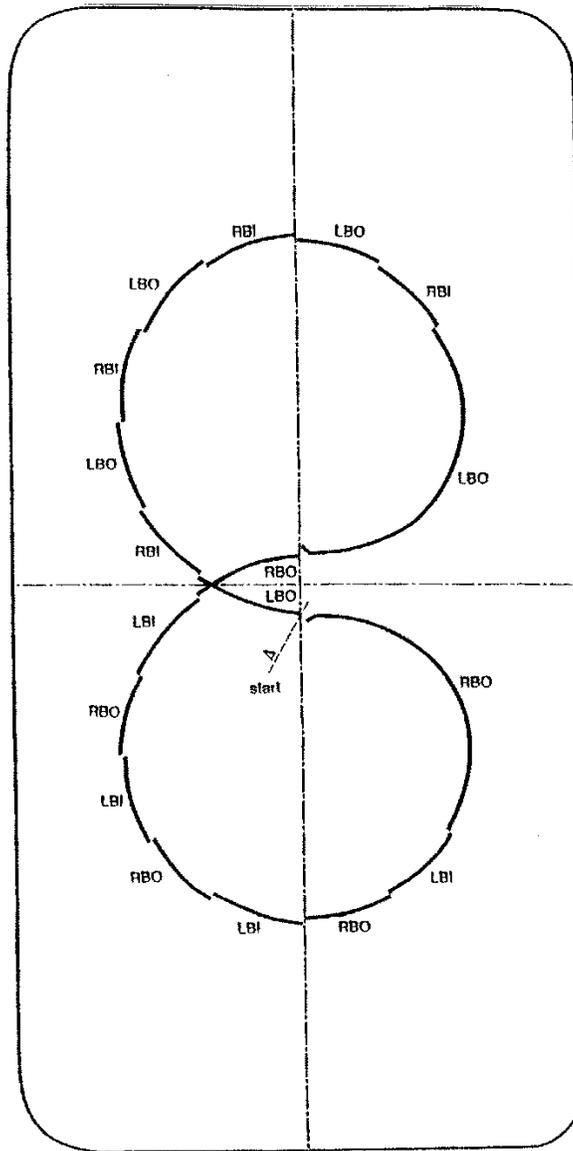


NOTE:

The exact number of steps in the stroking patterns will depend on the size of the rink and strength of the skater.

The diagram shows a FOI change of edge as the sustained edge between the two circles, but the type of edge used is optional.

**JUNIOR SILVER FREE SKATING TEST
BACKWARD FIGURE EIGHT STROKING**



NOTE:

The exact number of steps in the stroking patterns will depend on the size of the rink and strength of the skater.